



# METROSCOPE

SPRING 2011

VOLUME 28

NUMBER 3

## METRO CELEBRATES 40<sup>TH</sup> ANNIVERSARY

### PRESIDENT'S MESSAGE

Spring - the very word conjures up thoughts of sunny, breezy days, green shoots sprouting forth from the ground and changes in the weather. After the winter we have had, I think all of us are eagerly awaiting Spring's final triumph over the frigid, damp days of Winter.

Spring is also often a time of new beginnings. We start improving our eating and exercise habits in pursuit of a better body for bathing suit season. Or maybe you are just eagerly anticipating starting a new project at home or at work. People definitely seem to become more outgoing in the springtime. We spend more time outdoors and become a bit more cheerful. It's as though we are celebrating our release from the forced indoor season of Winter.

Metro is also planning some new projects over the next few months. On May 18th, Metro will be holding its annual Awards Dinner. This year will be especially

significant because it is Metro's 40th Anniversary. So we are hoping that many members, new and old, join us for the festivities and shared memories.

Metro is also in the process of organizing our Full Day Conference. The date has been changed - it will be on May 25th at DC 37. More details will follow but we have some interesting sessions that I hope will appeal to a wide range of attendees.

Well, I'm keeping this Presidential Message brief because I can't wait to get outside and enjoy the sunshine. It's these brief glimpses of light and warmth that keep us hoping for a better tomorrow. And I hope all of you will find a spring time filled with growth, abundance and happiness.

*Debbie Lake*



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## UPCOMING EVENTS

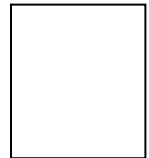
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**Wednesday, May 18, 2011**  
**METRO ANNUAL AWARDS DINNER**  
**@ The Manhattan Penthouse**  
*Invitation to follow*

**Wednesday, May 25, 2011**  
**METRO FULL DAY CONFERENCE**  
**@ DC37**  
*Brochure to follow*

**The Metropolitan NY Recreation & Park Society, Inc.**  
Post Office Box 632  
Madison Square Station  
New York, NY10159-0632

POSTMASTER FIRST CLASS  
Time Perishable NEWSLETTER  
Please Deliver IMMEDIATELY



**The Metropolitan NY Recreation & Park Society, Inc.**  
<http://www.metro-recreation.com>

## 2010-11 METRO BOARD

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*Vice President*

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*Secretary*

**Dorothy McNamara**

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**Theresa Hernandez-Ward**

**Gail Levine, Ph.D.**

**Galina Podluzskaya**

**Brenda Torres**

*Student Representative*

**TBA**

# SAVE THE DATE



The Metropolitan New York  
Recreation

## FULL DAY CONFERENCE May 25, 2011

@ DC 37

Your Registration Includes:

*Hot Topics*

*Talented Presenters*

*Breakfast & Lunch*

*40<sup>th</sup> Anniversary Surprises*

BROCHURE TO FOLLOW

**THERAPEUTIC RECREATION LICENSURE IN NEW YORK STATE**  
**Update March 2011**

Hello Everyone,

We just would like to give you a quick update about the TR Licensure Bill and it is good news.

The good news is that Assembly member Lancman has agreed to re-introduce the bill. The new Therapeutic Recreation Licensure Bill # is **AOO674**. Although Senator Lanza has agreed to re-introduce the bill in the Senate, we are still waiting and very hopeful that he will do so very soon.

The TR Licensure Committee is in the process of putting a plan together to contact each member of the Higher Education Committee so they are aware of the bill. We want to emphasize the importance of having the bill reviewed by the Higher Education Committee.

As a recreation professional, you can help too. At the upcoming NYSTRA Conference, TR Licensure Committee Members will be stationed in the hotel lobby through out the day so that you can have the opportunity to contact members of the Higher Education Committee and your legislator about the bill.

In the event you are unable to attend the NYSTRA Conference this year, please make the effort to contact your legislator about our licensure bill. You can do so by visiting the New York State Assembly website at <http://assembly.state.ny.us> We are also providing you with the contact information for the members of the Higher Education Committee for your convenience.

The website is: <http://assembly.state.ny.us/comm/?sec=mem&id=20>

Below is a sample letter or email you can use:

Hello, my name is (YOUR NAME) . I would like to request that you sign on and support Assembly Bill number A 00674. It is a bill to license Therapeutic Recreation specialists to ensure that Recreation Therapy/Therapeutic Recreation is performed by trained professionals and it establishes standards for recreational therapy to preserve the quality of patient care. I strongly urge you to sign on and support this bill. Thank you,

We continue to ask for your patience and support as we continue to move therapeutic recreation forward in the state of New York.

Regards,

Vincent Bonadies, MS, CTRS

Linda Dianto, MS, CTRS

Co-Chairs, New York State Therapeutic Licensure Committee

# METRO ANNUAL AWARDS DINNER

40<sup>TH</sup>

ANNIVERSARY



40<sup>TH</sup>

ANNIVERSARY

WEDNESDAY, MAY 18, 2011

6:30 pm - 9:30 pm

at the

## MANHATTAN PENTHOUSE

80 Fifth Avenue at 14th Street, 17th Floor, New York, New York  
212-627-8838

Tickets: \$65.00 per person in advance

\$75.00 per person at the door

Reservations: Send check or money order (payable to METRO) to:

Dorothy McNamara

104 Franklin Avenue Staten Island, NY 10301

For more information call: 718-816-4938

*RSVP by May 10th, 2011*

★2011 METRO AWARDS WINNERS★

*Award of the Year*

**Charlynn Willis**



*Professional of the Year Award*

**Carmela Senese**



*Special Recognition Awards*

**Joe Burden**

**Ed Raasch**



*Volunteer Award*

**Fred Gilstein**



*Corporate Awards*

**ARTZ**

Artists for Alzheimer's

**PACCCSI**

Philippine-American Civic & Cultural Community of SI



★ **2011 SCHOLARSHIP WINNERS** ★

*Lester Rhoads Scholarship*

*to*

**Brendon Bain**

Kingsborough Community College



*Douglas Mac Arthur Mehserle Scholarship*

*to*

**Kayla Berry**

St. Joseph's College



*Thomas J. Carroll Scholarship*

*to*

**Mona Waltuch**

Kingsborough Community College



*Metro 40<sup>th</sup> Anniversary Scholarship*

*to*

**Felisha Miller**

Lehman College

# METRO

*The Organization that has supported the  
Recreation Profession for 40 years!*

## *Past Presidents*

<i>Lester Rhoads</i>	<i>1970-1972</i>
<i>Fran Daly</i>	<i>1972-1974</i>
<i>Geri Hahn Sher</i>	<i>1974-1976</i>
<i>Karen Nash</i>	<i>1976-1978</i>
<i>Kathleen Neary Nitchelm</i>	<i>1978-1980</i>
<i>Irene Ludwig</i>	<i>1980-1982</i>
<i>Alex Panos</i>	<i>1982-1984</i>
<i>Adrienne King</i>	<i>1984-1986</i>
<i>Fran Daly</i>	<i>1986-1988</i>
<i>Dorothy McNamara</i>	<i>1988-1990</i>
<i>Mary Ann Riedl</i>	<i>1990-1992</i>
<i>Orazio Caroleo</i>	<i>1992-1994</i>
<i>Joe Murawski</i>	<i>1994-1996</i>
<i>Phil Foley</i>	<i>1996-1998</i>
<i>Rochelle Duva</i>	<i>1998-2000</i>
<i>Linda Dianto</i>	<i>2000-2003</i>
<i>Ray Gomes</i>	<i>2003-2005</i>
<i>Charlynn Willis</i>	<i>2005-2007</i>
<i>Debbie Lake</i>	<i>2007-2009</i>
<i>Debbie Lake</i>	<i>2009-2011</i>



**METROPOLITAN NEW YORK RECREATION and PARK SOCIETY, INC**

Post Office Box 632 **Madison Square Station New York, New York 10159** [www.metro-recreation.com](http://www.metro-recreation.com)

Dear Friends of METRO.

April 5, 2011

The Metropolitan New York Recreation and Park Society will be publishing its annual journal and distributing it at the Society's Annual Award Banquet on Wednesday May 18, 2011 at the Manhattan Penthouse in NYC, and to its members throughout the year. This is an outstanding opportunity for you to demonstrate your support of METRO and to present your image to hundreds of recreation professionals who are providing leisure services to the people of New York City and surrounding areas.

An ad in the journal will reinforce your link with the professional recreation providers in the NYC area and serve as a reminder of your products, talents and services.

Rates for this year:	\$100.00	Full Page
	\$ 60.00	Half Page
	\$ 40.00	Quarter Page
	\$ 30.00	Eighth of a Page (Business Card)

You may provide camera-ready art, or an ad can be prepared for you at an extra charge of \$25.00. Please submit Artwork and payment by May 3, 2011. E-mailed ads are welcomed. Checks should be made payable to METRO and returned to

Paul Bufano, 1528 Rhineland Avenue, Bronx, NY, 10461 or  
pbufano@aiamsh.org Please indicate METRO Journal in the subject.

If you have any questions please call (347) 331-8004

Thank you for your support, Paul Bufano, METRO Vice President.

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**CONTRACT FOR JOURNAL ADVERTISEMENT**

This will authorize the Metropolitan New York Recreation and Park Society (METRO) to insert an advertisement of \_\_\_\_\_ page(s) in the annual journal for 2011.

*Please circle one*

Full Page - \$100.00    Half Page - \$60.00    Quarter Page - \$40.00    Eighth Page - \$30.00

Name: \_\_\_\_\_ Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

## BOARD MEMBER NEWS

Hearthstone is pleased to introduce Sallie Carlin as the Executive Director at our Hearthstone residence in White Plains, NY. Sallie has been working in the field of geriatrics specializing in Alzheimer's Care for over 23 years. She has experience in many areas of service, including Adult Day Health Care and Assisted Living. She holds a Bachelor's Degree and Masters of Science Degree in Therapeutic Recreation from Herbert H. Lehman College in New York, and is certified as a Therapeutic Recreation Specialist in New York State.

In addition to her work at Hearthstone, **Sallie sits on the Executive Board of the Metropolitan Recreation and Parks Society in New York City.** She has also planned numerous conferences for the Foundation for Long Term Care and Adult Day Health Care Association within the New York region.

Sallie would be delighted to meet with you personally and give you a tour of the residence. She can be reached at:

(914) 684-1980 or by e-mail at  
carlin@thehearth.org  
Hearthstone Alzheimer Care  
1-888-422-CARE  
www.thehearth.org

The locations are in New York are:

*305 West End Ave. at 74th St. in  
Manhattan*

*95 South Broadway in  
White Plains*

*640 Oak Tree Road  
Palisades, NY*

### **Residents Participate in Projects that Benefit Their Communities**

The projects below represent a few examples of Hearthstone's on-going initiative to keep our residents connected to their communities. Each person contributes to these efforts, everyone has a great time, and it's all for a wonderful cause!

#### **Art Project in Palisades Brightens Children's Hospital Rooms**

Palisades NY participated in various art projects. After they had done this for many weeks, they had created so many pieces of art that they began to run out of room to display them all at the residence. Recently Erica, the Program Director, came up with a fabulous idea to share the artwork and everyone agreed. They decided to send their creations to local Children's Hospitals so that the children could hang them on their walls to brighten up their rooms.

This is an ongoing project. Each morning a note greets the artist's that says: "Please beautifully color this picture so we can send it to Children in the hospital to beautify their rooms". The artwork will be sent out once a week along with hand- made "get well" card. Everyone is very excited about this project!

### **Community Projects Continue at Hearthstone**

Hearthstone's resident-lead planning committees have been busy again this month developing interesting projects that not only benefit the community, but help everyone achieve a feeling of accomplishment and pride!

### **Baking for Charity in White Plains**

Last month, the White Plains team held a baking-for-charity event. A special committee was formed and the decision was made to make sweets for Grace Community Center in White Plains.

Baking groups were held daily for four days. Everyone took part in the project — some gathered recipes, some measured and added ingredients, some mixed and baked the items, and others wrapped them. All of the cakes, breads, and cookies turned out perfectly, thanks to great team work and the Community Center.

If you have  
any **Articles**  
about your **Facility**  
that highlight  
a **Special Event** or an  
exceptional  
**Recreation Professional**  
or have any  
**Job Openings**  
you would like to appear  
in

## **METROSCOPE**

send them to:

Fran Gilstein

[fcgilstein@hotmail.com](mailto:fcgilstein@hotmail.com)

