

OTHER EDUCATIONAL OPPORTUNITIES

The following educational sessions are conducted by Professor Robin Wexler, CTRS. Professor Wexler has over thirty years experience both as an educator and as a Recreation Therapist, Recreation Leader in community based programs and as a Department Administrator. She recently retired after twenty five years as a Professor in the Recreation Leadership curriculum at Suffolk County Community College on Long Island, New York. She was also a faculty member of Empire State College.

Continuing Education For Recreation Therapists

Somerset Gardens Assisted Living, Plainview

2008 Programs



9-9:30 Coffee and Registration

9:30- noon workshop

.25 CEUs per session

Thursday, February 7, 2008

The Etiology and Pathology of Alzheimer's Disease and Other Forms of Dementia. The stages of dementia and leadership skills for recreation therapists. Comparing and contrasting the symptoms and pathology of dementia, stroke, traumatic brain injury and mental illness. TR strategies to deal with difficult behaviors, leadership skill for enhancing the lives of the individual through goal oriented TR programming.

Register by January 25

Thursday, April 3, 2008

Stress management for the Recreation Therapist

What is stress and how does it affect us? How to create a healthy balance between professional and personal roles. Using time management, technology, professional networking and your own leisure as coping strategies to be more effective and less stressed.

Register by March 25

Thursday, June 5, 2008

Enhancing Creativity: Leadership skills for Creative Writing Activities

Developing resources, adaptive techniques and leadership skills for poetry, creative writing and client publications activities in your TR programming.

Register by May 25

Thursday, August 7, 2008

Community Integration: How and Why?

What to consider when taking trips with your participants or bringing the community in to your facility. Special event planning, protocols, liability and safety concerns. Resources for cost effective, goal oriented activities.

Register by July 25

Thursday, September 25, 2008

Integrating Sensory Activities into Therapeutic Recreation Activities.

How the senses work across the life span. Why sensory stimulation improves client functioning. Contraindications for sensory stimulation. Developing resources and using sensory stimulation in other TR activities. Developing your own sensory stim kits, materials for groups and individuals. **Register by September 10**

Thursday, December 4, 2008

New Educational Ideas for Cognitive Stimulation in Therapeutic Recreation: Science Activities

Try something new to spark motivation in your staff and participants. Goal oriented techniques and leadership strategies for implementing science activities in your facility. Learn how to lead easy, safe, group pleasing horticulture, nature, cooking chemistry, simple experiments & other hands on activities. **Register by November 20**

Sorry, but no refunds can be made for non-attendance or cancellation.

Credit for another workshop or another person attending must be made at least 3 days before the workshop.

Robin Wexler, CTRS
15 Euclid Avenue
Massapequa, NY, 11758

Continuing Education For Recreation Therapists
Somerset Gardens Assisted Living, Plainview
2008 Programs



Directions To Somerset Gardens Assisted Living 150 Sunnyside Blvd, Plainview, NY, 11803
*LIE to the Sunnyside Blvd. Exit 46, towards Plainview.
Stay on service rd and turn to Sunnyside Blvd at fork.*

*For additional information on workshops:
Call 516-799-7094 or email profrobinw@aol.com*

Please use on form for each registrant and include the form with payment
Mail to Robin Wexler, 15 Euclid Avenue, Massapequa, NY, 11758

Name _____ Phone _____ email _____
Address _____
Agency _____

I will attend Programs:

<input type="radio"/> February 8	<input type="radio"/> April 12	<input type="radio"/> June 14
<input type="radio"/> August 9	<input type="radio"/> October 4	<input type="radio"/> December 6

<input type="radio"/> 1 program \$55	<input type="radio"/> 2 programs \$100	<input type="radio"/> 3 programs \$135
<input type="radio"/> 4 programs \$180	<input type="radio"/> 5 programs\$22 5	<input type="radio"/> all six programs \$240

Make registration check to Robin Wexler
Make CEU check to NYSRPS (\$4 per program)

Therapeutic Recreation Continuing Education
Sheepshead Nursing and Rehabilitation Center
2840 Knapp Street, Brooklyn, NY 11235
.2 CEUs per session



9:30-10 Coffee and registration



10-noon Workshop

MONDAY, January 14, 2008

Strategies for Improving Professional Performance in TR

Coping strategies for difficult situations: what is stress and how does it affect us? Creating balance between professional and personal roles. Developing coping strategies and skills in time management, dealing with stress and burn out.

Register by Jan. 2, 2008

MONDAY, March 10, 2008

Integrating Sensory Activities into Group and Individual TR Activities

How the senses work across the life span. Why sensory stimulation improves client functioning. Contraindications for sensory stimulation. Developing resources and using sensory stimulation in other TR activities. Developing your own sensory stim kits, materials for groups and individuals.

Register by March 1

MONDAY, May 19, 2008

TR as an Ongoing Tool for Resident Adjustment and Integration

By understanding basic human needs, losses in the life cycle establishing therapeutic trust the stress of relocation as well as the aging process the recreation therapist can create support for the new resident in long term care or the patient in an Assisted Living or short term care setting. Updates on F Tags in long term care & implementing cultural change.

Register by May 10

MONDAY, July 7, 2008

Horticulture Therapy

Goal oriented techniques and leadership strategies for implementing hands on plant activities in your facility. Developing resources for horticulture supplies, skills and adaptive devices.

Register by June 25

MONDAY, September 8, 2008

New Educational Ideas for Cognitive Stimulation in Therapeutic Recreation

Try something new to spark motivation in your staff and participants. Goal oriented techniques and leadership strategies for implementing science activities in your facility. Learn how to lead easy, safe, group pleasing nature, cooking chemistry, simple experiments & other hands on activities.

Register by August 25

MONDAY, November 10, 2008

Leadership Techniques For Therapeutic Recreation Discussion Groups

Developing resources, adaptive techniques and leadership skills for discussion groups. The differences between therapeutic and diversional groups and where they fit into your programming. Leadership techniques and resources for reminiscence, sensory stimulation, Bifolkal, current events, and other types of discussion groups. What to consider when developing reminiscence activities and programs in your facility.

Register by November 1

Robin Wexler, CTRS
15 Euclid Avenue
Massapequa, NY, 11758

Do you want to arrange a workshop at your agency?

**For information on customizing inservice training for your staff.
Contact Robin Wexler, CTRS at 516-799-7094 or profrobinw@aol.com**

Directions

Sheepshead Nursing and Rehabilitation Center, 2840 Knapp Street, Brooklyn, NY 11235718)
BELT PKWY exit number 9, towards KNAPP ST/SHEEPSHEAD BAY. Go onto SHORE PKWY Turn LEFT
onto KNAPP ST

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before the workshop.**

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Mail to Robin Wexler, 15 Euclid Avenue, Massapequa, NY, 11758

Name _____ Phone _____ email _____

Address _____

Agency _____

I will attend Sheepshead Programs:

<input type="radio"/> January 14 , 2008	<input type="radio"/> March 10 , 2008	<input type="radio"/> May 19 , 2008
<input type="radio"/> July 7, 2008	<input type="radio"/> September 8 , 2008	<input type="radio"/> November 10 , 2008

<input type="radio"/> 1 program \$55	<input type="radio"/> 2 programs \$100	<input type="radio"/> 3 programs \$135
<input type="radio"/> 4 programs \$180	<input type="radio"/> 5 programs \$225	<input type="radio"/> all six programs \$240

Make registration check to Robin Wexler

Make CEU check to NYSRPS (\$4 per program)

Continuing Education for Recreation Therapists

Nassau Extended Care Center

1 Greenwich St. Hempstead NY 11550

2008 Programs



9-9:30 Coffee and Registration

9:30- noon workshop

.25 CEUs per session

Tuesday, January 8, 2008

New Educational Ideas for Cognitive Stimulation in Therapeutic Recreation: Science Activities

Try something new to spark motivation in your staff and participants. Goal oriented techniques and leadership strategies for implementing science activities in your facility. Learn how to lead easy, safe, group pleasing horticulture, nature, cooking chemistry, simple experiments & other hands on activities.

Register by December 25, 2007

Tuesday, March 4, 2008

Dealing with Difficult People

Effective strategies for dealing with difficult administrators, coworkers, and residents or patients. Understanding basic human needs. Dealing with difficult residents in TR. (behavior management for the confused, the disruptive, the combative and the non participatory). Comparing and contrasting the etiology and pathology of dementia, traumatic brain injury and psychiatric disabilities. Establishing therapeutic trust. Stress of relocation. Creating support for the new resident.

Register by February 25.

Tuesday, May 6, 2008

More Successful Strategies for Dealing with Difficult People

How to change "no" to "yes" and grumbling to smiles, how to motivate difficult residents and patients, deal with administration, supervisors, coworkers, support staff in other departments and other professional staff. Information on dealing with "F tags" in long term care facilities.

Register by April 30.

Tuesday, July 8, 2008

Techniques in Leisure Counseling for Therapeutic Recreation

How can a recreation therapist use leisure counseling and leisure education with various populations including psychiatric populations, the newly disabled, chronically ill, at risk use, substance abusers and those in life's transitions. Developing resources for community integration, assessment and referral.

Register by June 25

Tuesday, September 9, 2008

Bringing the Community into Your Facility

What to consider when bringing the community into your facility. Community Integration to meet treatment goals. Special event planning, protocols, liability and safety concerns for volunteers, interns, community groups, entertainers, and educational opportunities for your participants. How to deal with children, animals and the unexpected. Resources for cost effective, goal oriented activities. Discovering hidden resources in your own facility.

Register by August 25.

Tuesday, November 18, 2008

Brains for RTs

The etiology and pathology of alzheimer's disease and other forms of dementia. Comparing and contrasting the symptoms and pathology of dementia, stroke, traumatic brain injury and mental illness. Leadership techniques for therapeutic recreation.

Register by November 5

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For additional information on workshops call 516-799-7094 or email profrobinw@aol.com

Robin Wexler, CTRS
15 Euclid Avenue
Massapequa, NY, 11758

Continuing Education For Recreation Therapists
Nassau Extended Care Center , 1 Greenwich St. Hempstead NY 11550



Directions To Nassau Extended Care: From SOUTHERN STATE PKWY Take the PENINSULA BLVD NORTH exit- EXIT 19N- toward HEMPSTEAD. Merge onto PENINSULA BLVD. Turn RIGHT onto GREENWICH ST.

Please use on form for each registrant and include the form with payment
Mail to *Robin Wexler, 15 Euclid Avenue, Massapequa, NY, 11758*

Name _____ Phone _____ email _____
Address _____
Agency _____

I will attend Nassau Extended Care Programs:

1 program \$55	2 programs \$100	3 programs \$135
4 programs \$180	5 programs \$225	all six programs \$240

January 8, 2008	March 4, 2008	May 6, 2008
July 8, 2008	September 9, 2008	November 18, 2008

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