

Robin Wexler, CTRS
15 Euclid Avenue
Massapequa, NY, 11758

2011 Continuing Education for Recreation Therapists & Activity Leaders

- Cedar Manor, Ossining, NY
- Morris Hall, Lawrenceville, NJ
- Nassau Extended Care Center, Hempstead, Long Island
- Sheepshead Nursing and Rehabilitation Center, Brooklyn
- Somerset Gardens Assisted Living, Plainview, Long Island

*For additional information on workshops call 516-799-7094
or email profrobinw@aol.com*

2011 Continuing Education for Recreation Therapists & Activity Leaders

*Sorry, but no refunds can be made for non-attendance or cancellation.
Credit for another workshop or another person attending must be made at least 3 days
before the workshop.*

Please use on form for each registrant and include the form with payment
Mail to Robin Wexler, 15 Euclid Avenue, Massapequa, NY, 11758

Name _____ Phone _____ email _____
Address _____
Agency _____

Please circle the workshops you will be attending:

Cedar Manor, Ossining, NY

February 10	April 14	June 16
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Morris Hall, Lawrenceville, NJ

May 9	July 11	October 17
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Nassau Extended Care Center, Hempstead, Long Island

January 11	March 8	May 10	July 12	September 13	November 15
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Sheepshead Nursing and Rehabilitation Center, Brooklyn

January 10	March 14	May 16	July 18	September 19	November 14
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Somerset Gardens Assisted Living, Plainview, Long Island

February 3	April 7	June 2	August 4	October 6	December 1
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The more programs you register for, the less it costs per program!

Registration cost

1 program \$55	2 programs \$110	3 programs \$165	4 programs \$220	5 programs \$275	6 programs \$330
7 programs \$350	8 programs \$400	9 programs \$450	10 programs \$500	11 programs \$550	12 programs \$600
13 programs \$585	14 programs \$630	15 programs \$600	16 programs \$640	17 programs \$680	18 programs \$720

(ADD \$4 per program for CEUS) (Or pay for CEUs at workshop in check or cash)

\$4	# of programs	\$ ____ +	Total amount
x	=	_____	enclosed _____

Make registration check to Robin Wexler

Add \$4 per program for program for CEUs

PRE-REGISTRATION ONLY THERE IS NO REGISTRATION AT THE DOOR

**2011 Continuing Education for
Recreation Therapists & Activity Leaders
Cedar Manor**

Cedar Lane, Ossining NY 10562

.2 CEUs per session Lunch and Learn

Join us for a Workshop & light lunch

(Mini sandwiches, fruit, beverages will be provided or bring your own bag lunch!)

11:30 AM- noon Registration Noon - 2 PM- workshop

February 10 -Leadership Techniques for Discussion Groups in TR - Leadership techniques and resources for reminiscence, sensory stimulation, bifolkal, current events and other types of discussion groups. The differences between therapeutic and diversional groups and where they fit into your programming.

Register by January 31, 2011

April 14, - Dealing with Difficult People - Effective strategies for dealing with difficult administrators, coworkers, and residents or patients in all sorts of settings including hospitals, nursing homes, assisted living etc. Understanding basic human needs. Dealing with difficult participants in TR. (behavior management for the confused, the disruptive, the combative and the nonparticipatory). Comparing and contrasting the etiology and pathology of dementia, traumatic brain injury and psychiatric disabilities. Establishing therapeutic trust. Stress of relocation. Creating support for the new resident.

Register by April 5, 2011

June 16 - Enhancing Creativity: Leadership skills for Drama Activities in Therapeutic Recreation- Developing resources, adaptive techniques and leadership skills for drama activities in your TR programming. . The differences between therapeutic and diversional groups and where they fit into your programming. Leadership techniques and resources for drama games, play reading and putting on a production.

Register by June 5, 2011

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**2011 Continuing Education for
Recreation Therapists & Activity Leaders
Nassau Extended Care Center**

1 Greenwich St. Hempstead NY 11550

9-9:30 Coffee and Registration 9:30- noon workshop
.25 CEUs per session

Tuesday, January 11- Using Thematic Approaches in TR Treatment - This hands-on workshop will help recreation therapists and activity leaders develop creative leadership skills for high interest, simple, age appropriate, goal oriented activities for lower functioning participants. Stimulate both right and left brain functioning while enhancing cognitive, emotional, physical and social needs. Resources for cost effective, goal oriented activities.
Register by January 3

Tuesday March 8-Using Reiki, Yoga and Other Modalities in Recreation Therapy. How can a recreation therapist use the mind/body connection. Resources, skills, and leadership techniques for goal oriented movement activities to meet the needs and nature of your participants including improving physical functioning, palliative care, and dealing with stress & pain management.
Register by February 27

Tuesday May 10-How to Write Goals and Objectives in Therapeutic Recreation - Well-written goals and objectives keep therapeutic recreation activities on target. Measurable goals and objectives, and assist with care plans, justification of services and third party payment. This workshop offers the basic techniques that professionals need to gain basic skill when developing and writing goals and objectives for their participants and therapeutic recreation activities.
Register by April 30

Tuesday July 12-Extra Hands or Your Worst Nightmare: Becoming a Clinical Site and Utilizing Volunteers in TR- Comparing and contrasting the role of volunteers and interns. Recruiting, training, retaining, and evaluating volunteers in your agency. How to maximize their effectiveness and enhance your resources. When not to use volunteers or interns. Developing policies and procedures for volunteers and interns.
Register by July 2

Tuesday September 13- Horticulture Therapy in Therapeutic Recreation- Goal oriented techniques and leadership strategies for implementing hands on plant activities in your facility. Developing resources for horticulture supplies, skills and adaptive devices.
Register by September 3

Tuesday November 15-Cooking Activities for Groups and Individuals in Therapeutic Recreation Activities - How and why to develop and lead cooking activities in therapeutic recreation. Learn how cooking activities can improve client functioning and the contraindications for this type of activity. Developing resources and materials for groups and individuals for easy cooking programs even if you don't have a kitchen.
Register by November 5

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**2011 Continuing Education for
Recreation Therapists & Activity Leaders
Morris Hall**

One Bishops' Drive Lawrenceville, NJ 08648

Join us for a Workshop & light lunch
(Mini sandwiches, fruit, beverages will be provided or bring your own bag lunch!)

11:30 AM- noon Registration Noon- 2 PM- workshop

.2 CEUs per session Lunch and Learn

Monday May 9 Enhancing Creativity: Leadership skills for Creative Writing Activities –

Developing resources, adaptive techniques and leadership skills for poetry, creative writing and client publications activities in your TR programming.

REGISTER BY April 28

Monday July 11 Integrating Sensory Activities into Group and Individual Therapeutic Recreation Activities.-

How the senses work across the life span. Why sensory stimulation improves client functioning. Contraindications for sensory stimulation. Developing resources and using sensory stimulation in other TR activities. Developing your own sensory stim kits, materials for groups and individuals.

REGISTER BY June 28

Monday October 17 Cooking Activities for Groups and Individuals in Therapeutic Recreation Activities –

How and why to develop and lead cooking activities in therapeutic recreation. Learn how cooking activities can improve client functioning and the contraindications for this type of activity.

Developing resources and materials for groups and individuals for easy cooking programs even if you don't have a kitchen.

REGISTER BY October 2

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**2011 Continuing Education for
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Sheepshead Nursing and Rehabilitation Center**

2840 Knapp Street, Brooklyn, NY 11235

9-9:30 Coffee and Registration 9:30- noon workshop

.2 CEUs per session

Monday January 10- The Therapeutic Recreation Process - This workshop will clarify and explain the Therapeutic Recreation Process of assessment, planning, implementation and evaluation, The Gunn and Peterson Model of TR Service and the standards of practice for a continuum of care in therapeutic recreation. **Register by January 2**

Monday March 14- The Ethical Practice of Therapeutic Recreation - Examine the NTRS and ATRA Code of Ethics, comparing and contrasting them, as well as exploring their relevance to TR practice. Defining scope of practice and professional liability as it applies to recreation therapists and activities directors. **Register by March 4**

Monday May 16- Recognizing Our Profession and Each Other - The TR profession has a long sought recognition and attention as a viable option in health care service delivery - this session will explore where we are in the achievement of that recognition and examine how we take care of acknowledging our own recognition of one another as we strive to provide quality care to our participants. Options in professional certification for recreation therapists and activity professionals.

Register by May 5

Monday July 18 - Quality Assurance Methods for Recreation Therapy and Activities Professionals -Quality improvement is a continuous effort by all the members of a health care institution to meet and exceed the needs and expectations of the residents, patients or participants. This workshop will teach you to define the principals of quality improvement, use various quality improvement tools. Participants will learn techniques to identify a quality improvement opportunity at your own facility and develop a plan for beginning a quality improvement initiative that will incorporate the principles of quality assurance. **Register by July 8**

Monday September 19 - Enhancing Creativity - How to think "outside the box". Strategies to enhance creativity for the recreation therapist as well as the participants. Come back to your agency reenergized with a new set of resources, activity skills and ideas for men's crafts, thematic activities, and leisure counseling.

Register by September 9

Monday November 14 - Programming for Regressed Participants- The needs and nature of individuals with dementia, chronic and persistent psychiatric illnesses and those with degenerative conditions. TR strategies to deal with difficult behaviors, leadership skill for enhancing the lives of the individual through goal oriented therapeutic recreation programming. **Register by November 3**

**2011 Continuing Education for
Recreation Therapists & Activity Leaders
Somerset Gardens Assisted Living**

150 Sunnyside Blvd. Plainview, NY 11803.

9:30- 10 Coffee and Registration 9:30 – 12:30 workshop
.25 CEUs per session

Thursday February 3 - Cooking Activities for Groups and Individuals in Therapeutic Recreation Activities - How and why to develop and lead cooking activities in therapeutic recreation. Learn how cooking activities can improve client functioning and the contraindications for this type of activity. Developing resources and materials for groups and individuals for easy cooking programs even if you don't have a kitchen.
Register by January 20

Thursday April 7 - Using Thematic Approaches in TR Treatment - This hands-on workshop will help recreation therapists and activity leaders develop creative leadership skills for high interest, simple, age appropriate, goal oriented activities for lower functioning participants. Stimulate both right and left brain functioning while enhancing cognitive, emotional, physical and social needs. Resources for cost effective, goal oriented activities.
Register by March 28

Thursday June 2- Quality Assurance Methods for Recreation Therapy and Activities Professionals - Quality improvement is a continuous effort by all the members of a health care institution to meet and exceed the needs and expectations of the residents, patients or participants. This workshop will teach you to define the principals of quality improvement, use various quality improvement tools. Participants will learn techniques to identify a quality improvement opportunity at your own facility and develop a plan for beginning a quality improvement initiative that will incorporate the principles of quality assurance.
Register by May 25

Thursday August 4 - The Biology of the Seeing and Hearing Across the Life Span - How to develop and lead sensory activities in therapeutic recreation such as sensory integration, sensory stimulation and activities for participants with visual and/or hearing impairments. How these activities can improve client functioning and the contraindications for this type of activity. Developing resources and materials for groups and individuals. Comparing and contrasting congenital and acquired sensory loss.
Register by July 25

Thursday October 6 - Extra Hands or Your Worst Nightmare: Becoming a Clinical Site and Utilizing Volunteers in TR- Comparing and contrasting the role of volunteers and interns. Recruiting, training, retaining, and evaluating volunteers in your agency. How to maximize their effectiveness and enhance your resources. When not to use volunteers or interns. Developing policies and procedures for volunteers and interns.
Register by September 25

Thursday December 1- Issues in Multiculturalism and Religion in TR Activities and their Impact on Programming and Leadership - How do various cultures view and value leisure and recreation and how do these differences influence therapeutic recreation?Resource for providing religious observance in residential settings. Promoting tolerance and harmony in the diverse populations served in your facility.
Register by November 20

*Do you want to arrange a workshop at your agency? For information on customizing inservice training for your staff,
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Directions

Cedar Manor - Cedar Lane, Ossining NY 10562

Directions on their website <http://www.cedarmanornursing.com/directions.php>

Morris Hall - , One Bishops' Drive Lawrenceville, NJ 08648

Directions on their website http://www.slrc.org/contact_directions.php

Nassau Extended Care: From SOUTHERN STATE PKWY Take the PENINSULA BLVD NORTH exit- EXIT 19N- toward HEMPSTEAD. Merge onto PENINSULA BLVD. Turn RIGHT onto GREENWICH ST.

Somerset Gardens Assisted Living 150 Sunnyside Blvd, Plainview, NY, 11803

LIE to the Sunnyside Blvd. Exit 46, towards Plainview. Stay on service rd and turn to Sunnyside Blvd at fork.

Sheepshead Nursing and Rehabilitation Center, 2840 Knapp Street, Brooklyn, NY 11235718)

BELT PKWY exit number 9, towards KNAPP ST/SHEEPSHEAD BAY. Go onto SHORE PKWY Turn LEFT onto KNAPP ST.

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